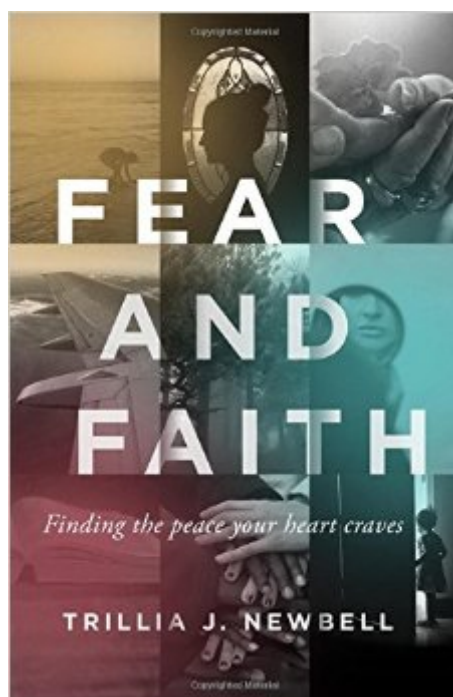


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# Fear And Faith: Finding The Peace Your Heart Craves



## Synopsis

We will never be short on fears. Failure, rejection, sickness, losing a loved one, being alone—the fears we carry are many and heavy. Fear can be a tyrant, a bully we can't hide from. It can paralyze our spirit, damage our relationships, and hinder our faith. Trillia is no stranger to fear. She has known its harsh grip on her life, but she has also known the gentle hand of God, a peace and a faith from the One who conquers fears. In *Fear and Faith*, Trillia will encourage you as she reflects on Scripture and her own story. She will show you Jesus, who was tempted like you in every way. She will show you the character of God and how it inspires faith. And she will show you real women who have walked the road of fear—or are still walking it—and how they have found security in the Lord to be their strength. Whatever your fear, you are not alone, nor are you without hope. You have the One who can replace your fear with faith.

## Book Information

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## Customer Reviews

For many, fear is not an abstract concept or rear disease that they can disassociate themselves from. It is a living breathing reality that they face every day. Many are stifled by it, enslaved to it, beholden to it, and sadly, controlled by it. But how do we react to our fears? How can we find that peace in the storm of fear? And more importantly, how does the gospel address the issue of fear in the messiness of covenant living? Yes, we know the intellectual/Sunday School answer is Christ, but Trillia Newbell does not simply give us Christ as the answer — she does us one better — in her new book, *Fear and Faith*, she gives us a concrete blueprint of how to apply the gospel (Christ) to the subject of fear. And she does so with fearlessly! *Exposing Fear* Newbell exposes fear in a way

that only those to whom fear is a reality can. She is beautifully honest about her own daily fears and how she, like so many of us, allows fear to fester in her heart and mind robbing her of true joy in Christ (pg. 67). If we are to understand the nature of this joy robbing fear, however, we must understand the source of this fear. And I think Newbell hits the nail on the head when she identifies pride as the culprit (pg. 25). Pride leads to preoccupation with self, and preoccupation with self leads to a firm desire to seek the approval of others. When all is said and done, we end up dissatisfied with ourselves, disappointed by others, and worse of all, failing to glorify God. This is why Newbell rightly addresses the fear of man from the very onset. It is a fear that is borne out of a desire to seek the approval of others. But how do we escape the fear of man?

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